



FIRST TOUCH FOOTBALL COACHING

(Hereinafter referred to as "The Club")

APPENDIX B

CODE OF CONDUCT FOR PLAYERS

At the outset, the Coaches at First Touch want you to come to your training sessions first and foremost to enjoy your football, not to please your parents or feel obliged to anyone that you should attend. However, there are some rules at First Touch that we want you to be aware of and stick to.

You must:

- Behave well at all times.
- Always remember to wear your First Touch Kit
- Always bring with you suitable clothing for all weathers when coaching and playing games
- Accept the decisions of your coach and any match supervisors
- Play fairly
- Treat everyone the same and with respect
- Encourage your team-mates
- Shake hands with opponents after games, no matter if you win or lose

You must not:

- Bully anyone
- Use bad language
- Lose your temper
- Criticise other players when they make a mistake
- Argue with your coach or any match supervisors
- Make fun of your opponents
- Play without your shinguards
- Ask anyone to keep secrets of any kind
- Play or train with any other football club during your time with First Touch. The only exceptions to this are organisations such as BB, Scouts, Schools or senior clubs with the prior permission of First Touch.

Remember to do the following:

- Know and respect the rules
- Listen to your coach
- Practise whenever possible
- Play your best
- Have a balanced diet
- Take proper rest

Failure to observe any code may lead to appropriate action being taken, ranging from a warning, to expulsion from the Club.